

INDOOR AIR QUALITY AND YOUR HEALTH

Exposure to elevated levels of formaldehyde, carbon dioxide and volatile organic compounds can have surprising health effects...

High VOCs
can
cause...

High
Formaldehyde
is linked to...

High CO₂
might
trigger...

Dizziness,
Confusion,
Headaches, Loss
of consciousness,
Coughing

Red eyes,
Running nose,
Sneezing, Nasal
congestion,
Recurrent colds

Depression,
Streaming eyes,
Sore nasal passages,
Dementia,
Irritated throat

Tachycardia,
Weakened
diaphragm, Changes
in lung tissue

Stress on
heart,
Wheezing

Heart palpitations,
Asthma attacks,
Bronchitis,
Pneumonia

Skin
rashes,
Allergies

Skin
irritation, Type-2
diabetes,
Increased
risk of cancer

Sweating